

Urology Exchange Program for Uro-Oncologic Surgery at Aarhus University Hospital - Department of Urology & The Sections of Bladder-, Kidney- and Prostate-cancer

The Department of Urology & The Section of Urologic Oncology at Aarhus University Hospital, Aarhus, Denmark offers you the opportunity of a week's visiting exchange-ship with the goal of observing and attaining experience in urologic oncology "malignant" surgery.

The Section of Urologic oncology consists of three teams: 1) bladder cancer incl. penile cancer, 2) prostate cancer incl. testicular cancer and 3) kidney cancer incl. transplant and access surgery. The "Bladder"-team is staffed by six consultants and four junior doctors in training, and is tasked with cystectomies and urinary diversions (ileal conduit and neobladder reconstruction) performed with both Robot-assisted laparoscopic and open (mini-laparotomy) technique, penectomies/partial penectomies and glans resurfacing. The "Kidney"-team consists of five consultants and three junior doctors in training. They perform the more complex cases of kidney cancer and urothelial cancers treated with nephrectomy/partial nephrectomy/nephroureterectomy done both by open and laparoscopic technique. The "Kidney"-team additionally have a close work relation with the nephrologists and yearly perform around 100 kidney transplantations along with the haemodialysis access surgery. The "Prostate"-team perform yearly about 130 robot-assisted laparoscopic prostatectomies.

Furthermore, the Department offers a look into a wide range of simpler yet still diagnostically important uro-oncologic conditions treated in our day-case section such as TURB, ureteroscopy, penile biopsies, TURP, orchiectomies and access surgery.

We would like to draw your attention to the large surgical theatre lists that occur on a daily and weekly basis and which will undoubtedly provide you with a broad variety of uro-oncologic procedures that you can observe in a given week. If you however have certain interests and a wish of observing a particular surgical procedure, you can let us know in good time and we will do our best to accommodate your preference.

Even though you are not allowed to have any direct patient care or access the medical record, and will have the status of Observer, you will still have the chance to join your mentors in pre- and postoperative assessment of patients and in the primary evaluation and follow-up of patients in outpatient clinics.

The weekly program at the operating theater will vary a bit depending on the availability of the different procedures, but a typical week will look this:

Bladder-team:

Monday:

- 07.45-08.00 Morning conference all doctors
- 08.00-15.45 Rounds and visitation
- 08.00-16.00 Robot-ass. Laparoscopic cystectomy (RALC)
- 08.00-15:45 Out-patient clinic (Randers)

Tuesday:

- 07.45-08.00 Morning conference all doctors
- 08.00-15.45 Rounds and visitation
- 08.00-16.00 RALC and open cystectomy
- 14.00-14.30: Multidisciplinary team conference (MDT)

Wednesday:

- 07.45-08.00 Morning conference all doctors
- 08.00-15.45 Rounds and visitation
- 08.00-17.00 RALC (every other week) and Open cystectomy
- 08.00-15.45 Out-patient clinic (Randers)

Thursday:

- 07.45-08.00 Morning conference all doctors
- 08.00-15.45 Rounds and visitation
- 08.00-16.00 Penile surgery
- 08.00-15:45 Out-patient clinic (Horsens)
- 14.00-14.30 MDT

Friday:

- 07.45-08.00 Morning conference all doctors
- 08.00-15.45 Rounds and visitation
- 08.00-15.45 Out-patient clinic (Randers)

Kidney-team:

Monday:

07.45-08.00 Morning conference all doctors

08.00-15.45 Rounds and visitation

Tuesday:

07.45-08.00 Morning conference all doctors

08.15 – 08.45 Multidisciplinary Cryo team conference

08.00-15.45 Rounds and visitation

08.00 – 15.45 Kidney surgery

Wednesday:

07.45-08.00 Morning conference all doctors

08.00-15.45 Rounds and visitation

09.00 – 09.30 Nephrology/Urology conference

15.00-16.00 Transplantation conference

08.00- 15.45 Access Surgery

09.00 – 15.00 Out Patient clinic

Thursday:

07.45-08.00 Morning conference all doctors

08.00-15.45 Rounds and visitation

08.00 – 08.45 Kidney surgery/transplantation

Friday:

07.45-08.15 Multidisciplinary team conference

08.15-15.45 Rounds and visitation

08.00 – 15.45 Access surgery

09.00 – 15.00 Out patient clinic

Prostate-team:

Monday:

07.45-08.00 Morning conference all doctors
08.00 – 12.30 Rounds and visitation
13.00 – 15.30 Outpatient clinic (Pro H2)
08.15 – 15.30 Outpatient clinic (Pro H1)
08.45 – 15.30 Outpatient clinic (Pro A)
09.00 – two prostatectomies

Tuesday:

07.45-08.00 Morning conference all doctors
08.00 – 12.30 Rounds and visitation
13.00 – 15.30 Outpatient clinic (Pro H2)
08.45 – 15.30 Outpatient clinics (Pro H1, H3, A)
08.45 – 15.30 Outpatient clinic (Randers)

Wednesday:

07.45-08.00 Morning conference all doctors
08.00 – 12.30 Rounds and visitation
13.00 – 15.30 Outpatient clinic
08.45 – 15.30 Outpatient clinics (Pro H3)
09.00 – 15.00 Day Surgery Centre (TURP)
07.45 – 15.30 Outpatient clinic (Horsens)

Thursday:

07.45-08.00 Morning conference all doctors
08.00 – 12.30 Rounds and visitation
13.00 – 15.30 Outpatient clinic (Pro H2)
08.15 – 15.30 Outpatient clinic (Pro H1)
08.45 – 15.30 Outpatient clinic (Pro A)
09.00 – two prostatectomies

Friday:

07.45-08.00 Morning conference all doctors

08.00 – 12.30 Rounds and visitation

13.00 – 15.30 Outpatient clinic

07.45 – 15.30 Outpatient clinic (Horsens)

07.45 – 15.30 Outpatient clinic (Randers)

Every day: Day-case section, patients admitted to different diagnostic procedures/examinations eg. TURB, TURP, ureteroscopy

Transportation.

Getting to Denmark and Aarhus is easy. Denmark is a peninsula in Northern Europe, which means you can go by car or train from any of the North European countries.

And - two airports - national and international train connections, national and scandinavian ship connections and of course - a direct highway.



Aarhus Airport is the nearest airport to Aarhus and it is always easy getting to the city centre by bus or taxi. You can fly from Copenhagen to Aarhus. Alternatively, you can also fly to Billund Airport, which serves to be West Denmark's international airport and is a 90 minutes' drive with the airport bus from Aarhus.

From the city centre or central train-station you can catch a direct bus to Aarhus University Hospital (Busline 1A og 2A)

(<https://www.midttrafik.dk/om-midttrafik/busselskaberne/busselskabet-aarhus-sporveje/>)

or the new tram line

(<https://www.midttrafik.dk/koreplaner/letbanen/>).

Accommodation.

In Aarhus you can easily find and book your accommodation; you just have to find out whether you want to stay in a hotel, camping, Bed & Breakfast or an apartment. But it is recommendable to book your accommodation downtown as it is easy to get from the centre of Aarhus to The Hospital.

<https://www.visitaarhus.com/In-int/denmark/tourist-in-aarhus>

Contact information.

If you are interested in visiting and applying for an exchange/observership week at our institution you can contact:

Pernille Skjold Kingo, senior registrar in Urology, PhD
Aarhus University Hospital, Department of Urology
perkin@rm.dk and she will provide the contact to the relevant senior consultant in the uro-oncology team of interest.